



Grossmont Healthcare District's Health & Wellness Library

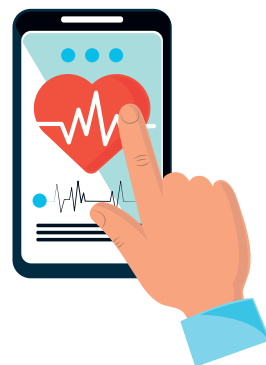
An East County community resource



Alternatives to Google for Reliable Online Health Information

Government Health Sites

- MedlinePlus (<https://www.nlm.nih.gov/medlineplus/>)
- MedlinePlus en Español (<https://medlineplus.gov/spanish/>)
- PubMed (<http://www.ncbi.nlm.nih.gov/pubmed>)
- Healthfinder.gov (<https://health.gov/myhealthfinder>)
- Centers for Disease Control and Prevention (www.cdc.gov)
- Food and Drug Administration (<https://www.fda.gov>)
- National Institutes of Health (<https://www.nih.gov>), 27 Institutes & Centers
- National Institute on Aging (<https://www.nia.nih.gov/>)
- Office of Dietary Supplements (<https://ods.od.nih.gov/>)
- MyPlate (<https://www.myplate.gov/>)
- San Diego County Health & Human Services (<https://www.sandiegocounty.gov/hhsa/>)



Health Association Sites

- Alzheimer's San Diego (<https://www.alzsd.org/>)
- American Heart Association (<https://www.heart.org>)
- American Stroke Association (<https://www.stroke.org/>)
- American Diabetes Association (<https://www.diabetes.org>)
- American Cancer Society (<https://www.cancer.org>)
- Arthritis Foundation (<https://www.arthritis.org>)
- National Parkinson's Association (<https://www.parkinson.org>)
- Urology Care Foundation (<https://www.urologyhealth.org/urology-a-z>)



Medical Center Sites

- Cleveland Clinic (<https://myclevelandclinic.org>)
- Mayo Clinic (<https://www.mayoclinic.org>)
- Stanford Health Care (<https://stanfordhealthcare.org>)
- UC San Diego Health (<https://health.ucsd.edu>)

And a few more . . .

- American Academy of Family Physicians (<https://familydoctor.org>)
- JAMA Patient Page (Journal of the American Medical Association) (<https://jama.jamanetwork.com>)
- Medical Board of California License Search (https://www.mbc.ca.gov/breeze/license_verification.aspx)
- Lab Tests Online (<https://labtestsonline.org>)
- Merck Manuals Consumer Version (<https://www.merckmanuals.com>)
- Fact Checking Site (<https://www.factcheck.org>)
- Trust it or Trash it (<http://www.trustortrash.org/>)



Grossmont Healthcare District's Health & Wellness Library

9001 Wakarusa Street La Mesa, CA 91942 | 619-825-5010 | www.ghdhealthlibrary.org | library@grossmonthealthcare.org